### Meet our team!

We are pleased to announce two new Nurse Practitioners to our group! Robert Molle CRNP and Eun Cho CRNP. In addition to Robert and Eun, we have Wynn Boyle CRNP, CDE, Sara Adelman CRNP and **Brenda Mathews-Vitello** CRNP, who have a combined total of over 80 years experience! Additional staff includes: Ashley-M.A/Clinical Coordinator, Key-M.A., Terri and Bryce-Front desk.

## Walk-in Clinic Hours of Operation:

Monday-Friday 7:00am-6:00pm

Saturdays 8:00am-2:00pm



# News from our Walk-In Clinic!!!

Would you like to be seen the same day for an acute issue? Our walk-in clinic provides same day sick visits without the need for an appointment! Our facility is staffed by excellent Nurse Practitioners (NP) who work closely with your Physician and has access to all your medical records to provide you with care that is seamless and individualized to meet your medical needs. Once your visit concludes, the NP notifies your doctor, thereby keeping your physician directly involved in your care. Convenient? Yes. Focused directly on your needs? Absolutely.

Note\* Our walk-in clinic is a service for patients who receive primary care from our office only. If you are not a patient or only see a specialist here at AIM, you cannot use the clinic.



(office) 410-897-9841



#### Ways we can help...

There are many ways that AIM can serve you and your medical needs and we're always looking for ways to improve. Our physicians in the main office will always try and accommodate their patients for same day sick visits as long as their schedules allow it. However, in the event that your doctor is completely booked or out of the office. the walk-in clinic is an excellent alternative. We have labs and radiology services nearby if your issue requires it and access to all your medical history. Out of town and can't make it in? No problem! Not all visits need to be "in office". In fact, some insurances allow you to have a phone consultation with your physician. Your doctor will be able to determine what cases are considered appropriate. Note\* There may be a fee for the consultation if you were not seen the week prior and/or if you do not need a follow up for the issue within the next 24 hours following the consult.

#### Having Patient Portal Issues???

Below are instructions for signing up for the Portal:

First, go to www.annapolisinternalmedicine.com

Click on Patient Portal

Below the email/password sign-in, click the blue hyper link.

- Enter PIN (one-time use)
- Enter date of birth (00/00/0000)

Enter home number

Click "Continue"

Follow the steps to create your profile and password.

\*If you are trying to create a joint portal account, please contact the office @ 410-897-9841 ext 118 and one of our staff will be happy to call you back to assist you.

### Reaching us after hours is easy!

When you need to reach a physician after hours, they may be paged through Anne Arundel Medical Center @ 443-481-1000. If you are experiencing a true medical emergency, you need to dial 9-1-1 or go to the nearest hospital. Paging the doctor on-call first could possibly prevent unnecessary visits to the hospital or outside urgent care facilities.

If this is a non-urgent matter you may leave a message through our phone system (option 8) or log into the Patient Portal and send us a message!



# Our first flu clinic date is announced!!!!!

Saturday, October 4,2014 from 8-12 (Suite 102)

The influenza (flu) vaccine is now available in the regular and high dose form at AIM. The high dose form is usually reserved for those 65 years and older. Unless you have an egg allergy or a history of Guillain Barre (a very rare type of nerve disease) due to the flu vaccine, everyone over the age of six months should get the flu vaccine.

Aside from avoiding exposure, the vaccine the is best protection against the flu which can range from a mild infection to a life-threatening illness especially in pregnant women, older adults, children, those with diabetes, heart disease or chronic lung disease. Flu is usually characterized by an abrupt onset of fever, headache, muscle aches, weakness, non productive cough, sore throat and runny nose.

You cannot get the flu from the vaccine administered at AIM since it's a killed viral product although it may cause a mild flu like illness in some people. The best time to get the vaccine is when it is available since the spread of the virus is unpredictable. Typically, the first cases can occur as early as October and as late as May peaking in January and February.

In addition to this weekend, AIM will be hosting a series of influenza vaccine clinics in the coming weeks. Separate announcements will go out with those future dates and times.

If you wish to get more information on the flu, please go to:

https://www.cdc.gov/flu